Fort Hayes Opus

The mission of Fort Hayes is to create expectations of excellence through challenging and collaborative learning by blending the arts, academic and career programs.

WE WORK HERE!
work hard • work together • allow others to work
Fort Hayes MEC | THE FORT

Main Office
Located in Buildings
101 & CAATC/Health

Main Number (614) 365-6681

High School Office 7am – 3:30pm
Office 380-977-5640
forthayeshs@columbus.k12.oh.us
Attendance 380-977-6024
attendance.fhsarts@columbus.k12.oh.us

School Counselors:
Gillman (L-Z) 380-997-6186
Kliner 380-997-6187
Peterson (A-K) 380-997-6188

Career Center Office 7am–3:30pm
Office 380-977-6050
fhcc@columbus.k12.oh.us
Attendance 380-977-6139
attendance.ffccc@columbus.k12.oh.us

School Counselors:
Kanowsky 380-977-6054
Matunas 380-977-6052

How to make yourself "Unoffendable" and Teachable
(yet still maintain your confidence)
by John Brandon

It takes work. You have to tear down a wall. You have to stoop low on purpose.

There's a delicate balance when it comes to teachability and confidence. On the one hand, it's important to be a lifelong learner. I've "learned" this so many times – it's becoming a bit ironic. It's possible the more we assume we don't have anything left to learn, the more we put up a wall and sit in isolation, not realizing we're stuck in a big puddle of mud. It's only when someone reaches out a hand says "*maybe you should try this?*" that we start growing and start moving again.

Fort Hayes Audio Production Program

Junior students just completed a set of related projects that have been their most complex tasks yet! First, they had to compose an ambient soundscape using audio, MIDI, and effects in Ableton Live. Then they used a programming language called Max to create a patch that generates pitches automatically. Finally they used a program called Magic to create super cool original video visualizations. Mr. Van Bibber, the instructor, will upload the final videos of these projects to the Audio Production YouTube channel soon!

Senior students continue to work on remixing. This time, they have access to all stems of a song. They have learned how to chop, warp, and sample vocals and other parts, how to reharmonize a melody, and how to generate bass lines, arps, and a wide variety of background pads form simple chord progressions. Once their projects are done, MR. Van Bibber will send out a link where they can be heard!

"…make yourself…Teachable" continued

Of course, it's also a challenge being *unoffendable*. When correction comes like a swift kick in the gut, we sometimes pull away and start arguing. *I learned that years ago! How dare you suggest I'm not able to grasp this concept or strategy! Didn't you notice my incredible education level?*

Yet, being teachable and unoffendable almost always cancel each other out. I like this definition of humility: It's an ability to recognize your talents and gifts accurately and then willingly stoop to a lower level and become curious, open, and willing to accept instruction without clinging to your pride. You can't really learn until you become humble. You can't receive new knowledge unless you willingly open the door to it.

Yet there's a whole extra layer of complexity here.

Since it's so important to be unoffendable (mostly because this helps you learn and avoids conflict with others), things can get really tricky. You might be able to accept being open and humble. Teachability makes you a curious person. Humility is a recognizing where you have talents and yet still allowing yourself to become a pupil again. But how do you avoid being offended?

I believe this is where true self-confidence plays a big role. It's important to ask yourself why you are offended. Is it because you doubt your abilities? Is it because pride is making up the difference between what you actually know and what you want people to believe you know? A better strategy is to allow some of this complexity to exist and to accept that you can be equally confident, humble, teachable and unoffendable.

Reaction one: to put up a wall. Unteachable people are more interested in being right, sharing what they know, and relying on past accomplishments. They can't accept anything new. Reaction two: to tear the wall down. Teachable people recognize that there is still a lot to learn in life. They see new knowledge as another tool in the tool shed. The difference? It's all about your confidence level.

At a high confidence level, you become a willing sponge for new information. Think of the successful entrepreneur. This is someone who has built up quite a company! Now, a colleague suggests a new idea on how to take the company even further. That past history of success would suggest that this is an entrepreneur that knows her stuff.

"…make yourself 'Unoffendable' and Teachable…" conclusion

Yet, the successful among us attained that level due to their teachability. They don't ever stop learning. They don't ever stop being open. You can't offend them, because they've already achieved so much. What can you possibly say to a highly successful person that would crush them in defeat? There is only new information, new data, new possibilities. Confident people accept those ideas and turn them into even more success.

But what about you? Where do you fit in this continuum of humility, pride, teachability, and confidence? Have you struck a balance between each of them?

My suggestion is to do some soul searching. Have you put up a wall? Are you ready to tear it down? Can other people teach you anything? What can you do to become more open-minded about new ideas and new concepts? If you really want to change, if you want to stoop low to learn more, it takes a big step in confidence. You can do it.

School Calendar

Tuesday, December 14
Career Center (in person) Open House
5:00-7:00 pm

Thursday, December 16
Career Center Music Concert 7:00 pm

Friday, December 17
Principal Show 1:00 pm
30-minute early release

December 20 through January 2
WINTER BREAK

Wednesday, January 5
High School class meetings

Thursday, January 13
Virtual HS School Fair
1:00-2:15 pm & 6:00-7:00 pm

Friday, January 14
End of Quarter 2
Career Center Dance Concert 7:00 pm

Monday, January 17
Martin Luther King, Jr. Day – no school

Tuesday, January 18
Professional Development Day – no students

Wednesday, January 19
Records Day – no students

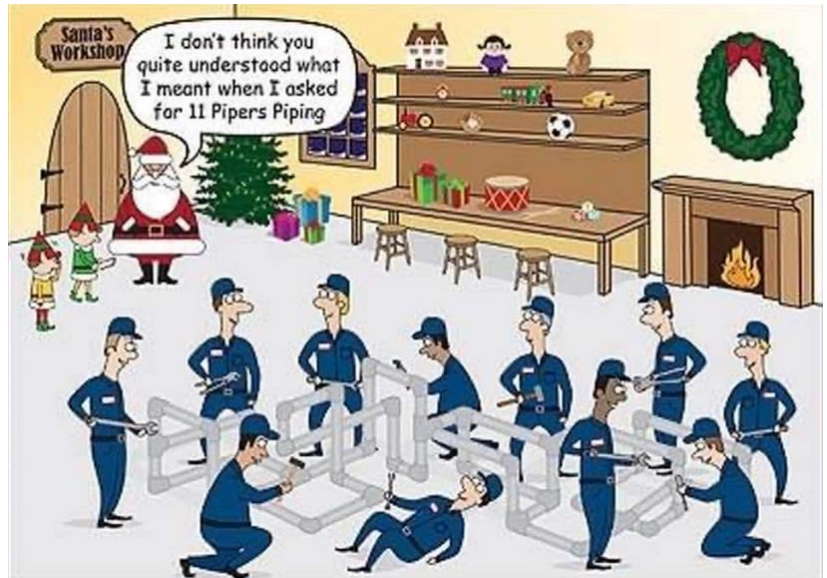High School Instrumental Music Concert

Fun Fort Fact:

Did you know that we have the personal signature of a former President on campus?

When President Obama held a press conference at Fort Hayes (in 2011) he signed a Fort Hayes MEC flag. The flag is on display in Dr. Ruffin's office.

BE EXCELLENT.
BE THE EXCEPTION.
BE **FORT HAYES.**

Focused   **H**ardworking

Organized   **A**rtistic

Resourceful   **Y**earlong

Teachable   **E**ngaged

                          Scholarly

WE WORK HERE!

CCS is making students
    READY FOR SUCCESS
Through:
        Instructional Fidelity
        Leadership Fidelity
        Parent Engagement
        Culture and Climate

Columbus City Schools
2021-2022
School Calendar

Dates to Remember	
Aug 23 - 25	Staff Professional Development
26-Aug	First Day for Students
6-Sep	Labor Day (schools closed)
15-Oct	Professional Development Day
26-Oct	End of Q1
27-Oct	Records Day
2-Nov	Professional Development Day
24-Nov	Parent Teacher Conf. Comp Day
Nov 25 - 26	Thanksgiving Recess
17-Dec	30 Min Early Release (Holiday)
Dec 20 - 31	Winter Break
14-Jan	End of Q2
17-Jan	Martin Luther King, Jr. Day
18-Jan	Professional Development Day
19-Jan	Records Day
2-Feb	Professional Development Day
21-Feb	Parent Teacher Conf. Comp Day
9-Mar	Professional Development Day
22-Mar	End of Q3
23-Mar	Records Day
14-Apr	30 Min Early Release (Holiday)
Apr 15 - 22	Spring Break
30-May	Memorial Day (schools closed)
2-Jun	Last Day for Students
3-Jun	Records Day

Parent Page

Parent Portal:
What is that?!

It is the way within Columbus City School District that parents are able to access all of their students' information: from grades, attendance, teacher contact information, missing assignments, paperless applications to fee payments.

Most importantly, it is our way of communicating with YOU.

With so much digital communication right now, the ability to communicate with our parents is even more important than ever. In order to do that, we must have your correct contact information.

Please, Please, Please update and verify your:
- Contact Email
- Contact Phone number

The link to the Parent Portal is below:
https://www.ccsoh.us/ParentPortal.aspx

Forgot Your Password?
Email: parentportalaccess@columbus.k12.oh.us

Or call the CCS FACT Line at
614-221-FACT (3228)

https://www.ccsoh.us/FortHayesHS

https://www.ccsoh.us/FortHayesCC

STUDENT TECHNOLOGY INFORMATION

If your student needs a
Chromebook or Hotspot
please contact the school and we will set up a time for pick up.

Please contact the CCS Help Desk if the student or parent has any:
- General Access Questions
- Log In issues
- Account Questions

Columbus City Schools Helpdesk:
614-365-8425

If your child has a **broken** Chromebook, Hotspot or broken/lost Power Adapter, please contact the school to schedule a time for an exchange.

Remember that students are supposed to bring their Chromebooks to school (fully charged) to use in classes throughout the day.

High School Email
forthayeshs@columbus.k12.oh.us
High School Attendance Email
attendance.fhsarts@columbus.k12.oh.us

Career Center Email
fhcc@columbus.k12.oh.us
Career Center Attendance Email
attendance.ffccc@columbus.k12.oh.us